Hong Kong: activity shortlist for our call

Tue 1 – Sat 5 Dec full days (land 6:15 AM Tue, fly 8:15 AM Sun 6 Dec) · 3 travellers · pick what we want, then I slot it into days. Time and price notes are approximate; verify before booking.

OUTDOORS & VIEWS

	Activity	Time	What / why it's worth it	Best slot
Tue/ Thu	**Victoria Peak + High West**	3–4 hrs	Peak Tram up, Lugard Road loop, then High West hike for the best skyline.	Morning (clearest)
Tue 1st	**Dragon's Back + Shek O**	4–5 hrs	Ridge hike to the beach village; lunch at Shek O.	Any dry morning
	Bowen Road walk	1–1.5 hrs	Flat, shaded 3.5 km walk; easy warm-up.	Early morning
	Harbour sunrise / sunset	1 hr	Sunrise ~6:55 AM, sunset ~5:40 PM. Central waterfront, IFC rooftop, Stanley or West Kowloon.	Every day
	HK Park / Stanley	1–3 hrs	Park and aviary by the Peak Tram; Stanley for market and seafront sunset.	Afternoon

SPORT & ACTIVE

	Activity	Time	What / why it's worth it	Best slot
Wed 2nd	**Happy Valley horse races**	4 hrs	Wednesday night racing, Beer Garden, bets from about HK$10. Confirm 2 Dec fixture.	Wed 2 Dec evening
Wed 2nd	**Tai Mei Tuk cycling**	4–5 hrs	Bike hire, Plover Cove / Tolo Harbour path. Far north, so a full-morning commit.	Fri morning
	Hiking combo	–	Dragon's Back + High West + Bowen Road give three different hikes in the week.	Mix across days

THEME PARKS (PICK ONE, EACH IS A FULL DAY)

	Activity	Time	What / why it's worth it	Best slot
	Hong Kong Disneyland	Full day	Roughly 10 AM to 9 PM, fireworks at night. Replaces the Macau day or the Lantau day.	Sat 5 Dec
Thu 4th	**Ocean Park**	Full day	Rides and pandas; near Stanley, so easy to pair with a southside day. Check ticket price.	Wed or Thu
	Skip both	–	Frees time for Macau, Lantau and nightlife.	–

SIGHTS, CULTURE & DAY TRIPS

	Activity	Time	What / why it's worth it	Best slot
	Lantau: Ngong Ping 360 + Big Buddha + Citygate	Half day+	Cable car, Tian Tan Buddha, outlet shopping. Easy after the overnight flight; check maintenance dates.	Tue 1 Dec
Friday 4th	**Macau evening trip**	Afternoon + night	Ferry ~1 hr each way. Ruins of St Paul's, Senado, Cotai lights. Return same night (8:15 AM flight Sunday).	Sat 5 Dec
	Lamma or Discovery Bay	3–5 hrs	Lamma: hike and seafood. Discovery Bay: relaxed ferry-and-beach afternoon.	Optional
	Kowloon highlights	Full day	Wong Tai Sin Temple, Mong Kok sneaker street, Temple Street market, Avenue of Stars, 8 PM harbour show, Star Ferry.	Fri 4 Dec

SHOPPING

Activity	Time	What / why it's worth it	Best slot
IFC Mall + Causeway Bay	3–4 hrs	Big malls and street-level shopping; good while it is hot or tired.	Thu afternoon
Mong Kok sneakers	1–2 hrs	Sneaker Street and Ladies' Market.	Fri afternoon
Citygate Outlets	1–2 hrs	Discount brands near the cable car.	Tue (Lantau)

DINNER SPOTS (from your list)

Activity	Time	What / why it's worth it	Best slot
Italian / pizza	Dinner	Falcone · Peak Pizza · Motorino · Finis · Pici	Any night
Chinese	Dinner	Qi – House of Sichuan	Thu
Portuguese-style chicken	Dinner	Flaming Frango	Wed pre-race
Street food	Evening	Temple Street night market stalls	Fri

DRINKS & NIGHTLIFE

Activity	Time	What / why it's worth it	Best slot
Rooftops & views	Evening	Sevva (harbour) · Ozone (118th floor, West Kowloon, reserve) · Cardinal Point	Thu / Fri
Cocktail bars	Evening	Bar Leone (walk-in early) · Quinary · Peridot · Dr. Fern's · Terrace Louboud (check name)	Thu / Fri
Party district	Late	Lan Kwai Fong, walkable from Central bars. Keep Sat night tame for the early flight.	Thu night

TO DECIDE ON THE CALL

- **Disneyland, Ocean Park, or neither?** Each takes a full day and competes with Macau and Lantau.
- **Macau:** same-night return (recommended) or overnight? Overnight pushes the 4:30 AM airport run.
- **Hotel area:** Central / Wan Chai on the island (near nightlife, Airport Express, Macau ferry) vs Kowloon.
- **How hard to go:** big hiking and cycling days, or a slower week with more food and bars?
- **Budget and bookings:** hotel, Ozone table, Qi dinner, Happy Valley fixture, Hong Kong PAR for all three passports.